Innovative development in watch-type wearable SMART blood pressure monitoring and its clinical application

Date: **Saturday, June 22, 2019**
Time: **11:00 - 12:00**
Location: **MICO Milan - Red Hall 2**

Program Symposium

11:00 - 11:05  **Introduction**
Prof. dr. G. Parati and Prof. dr. A. Schutte (chairs)

11:05 - 11:20  **Importance of home blood pressure monitoring – The added value of wearables in reaching target values**
Prof. dr. A. Schutte

11:20 - 11:35  **Wearable watch-type home blood pressure monitor - Technology, accuracy and clinical utility**
Prof. dr. K. Kario

11:35 - 11:50  **Sleep and cardio-metabolic risk – a new dimension for prevention and management**
Prof. dr. F. Cappuccio

11:50 - 12:00  **Discussion**
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Faculty

**Prof. dr. Gianfranco Parati MD, FESC**
Professor of Cardiovascular Medicine; Chair in Cardiovascular Medicine
School of Specialization in Cardiovascular Medicine (Director) and in Emergency and Urgent Medicine; Dept of Health Sciences, University of Milano-Bicocca;
Head, Cardiology Unit and Dept of Cardiovascular, Neural and Metabolic Sciences,
S. Luca Hospital, IRCCS Istituto Auxologico Italiano, piazza Brescia, 20 - 20149 Milano, Italy.

**Prof. dr. Alta Schutte**
Professor of Cardiovascular Physiology, Hypertension in Africa Research Team (HART), Faculty of Health Sciences, North-West University, South Africa; Director of the South African Medical Research Council Unit for Hypertension and Cardiovascular Disease; SARCHI Research Chair: Early detection and prevention of Cardiovascular Disease; Immediate Past President of the Southern African Hypertension Society; President of the International Society of Hypertension

**Prof. dr. Kazuomi Kario MD**
Professor and Chairman of Cardiovascular Medicine, Jichi Medical University School of Medicine, Japan; Staff Visiting Professor, Institute of Cardiovascular Science, University College London, London, UK; Visiting Professor, Shanghai Jiao Tong University School of Medicine, Shanghai, China; Adjunct Professor, Yonsei University of Medicine, Seoul, Korea and Distinguished Professor, Fu Wai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences, Beijing, China. Kazuomi Kario graduated from Jichi Medical School in 1987.

**Prof. dr. Francesco Cappuccio MD**
Professor of Cardiovascular Medicine & Epidemiology, University of Warwick; Consultant Cardiovascular Physician, University Hospitals, Coventry; Director of the European Society of Hypertension Centre of Excellence; Head of the World Organization Collaborating Centre for Nutrition; President of the British & Irish Hypertension Society.